

APRICOT BASTING

HEAT LEVEL 444

Relish the coastal flavors with our West Coast Grilled Snoek, featuring a delectable apricot basting that adds a sweet and savory twist to this classic dish.

30 Mins 6 Servings

INGREDIENTS

1 (1.8 kg) whole fresh or slightly smoked snoek, cut 1 open

15 ml (1 Tbsp) salt Lemon wedges

APRICOT BASTING SAUCE

45 ml (3 Tbsp) butter, melted, or olive oil 60 ml (1/4 cup) smooth apricot jam 10 ml (2 tsp) fresh lemon juice 2 ml (1/4 tsp) grated lemon rind 1 clove garlic, crushed 8 ml (1½ tsp) soy sauce

45 ml (3 Tbsp) Spur Durky Sauce Lemon slices

METHOD

- Sprinkle salt on the inside and outside of fish and leave to stand for 30 minutes. Rinse off salt and pat dry.
- Combine basting ingredients.
- Place fish skin-side down with a few lemon slices in a well-oiled, hinged grid over moderate coals. Grill for 12-15 minutes, basting frequently. Grill flesh-side last. Serve immediately with lemon wedges.
- Serve hot with soetpatats.

VARIATIONS

None



















