



DELICIOUS FRENCH TOAST

HEAT LEVEL 

Start your day with Delicious French Toast - a satisfying breakfast delight, golden and fluffy, topped with your favorite syrup or fresh fruits for added flavor.

50 Mins

4 Servings

INGREDIENTS

3 extra-large eggs
125 ml (½ cup) milk
125 ml (½ cup) Spur Sweet Chilli Dressing
45 ml (3 Tbsp) butter
15 ml (1 Tbsp) cooking oil
8 slices white bread
Salt to taste

METHOD

- 1 Whisk eggs, salt, milk and Spur Sweet Chilli Dressing together.
- 2 Cut bread slices into desired shapes (e.g. heart, triangles, circles) and dip into the egg mixture
- 3 Heat butter and oil in a large, heavy-based frying pan. fry egg-dipped bread slices until golden on both sides. Drain on paper towel.
- 4 Layer three slices with cream cheese and strawberry slices and finish off with a drizzle of syrup or honey.

VARIATIONS

- 1 Turn this dish into a savoury one by topping it with bolognaise or a savoury spread like our biltong dip.
- 2 Enjoy with fried bacon and mashed banana.

